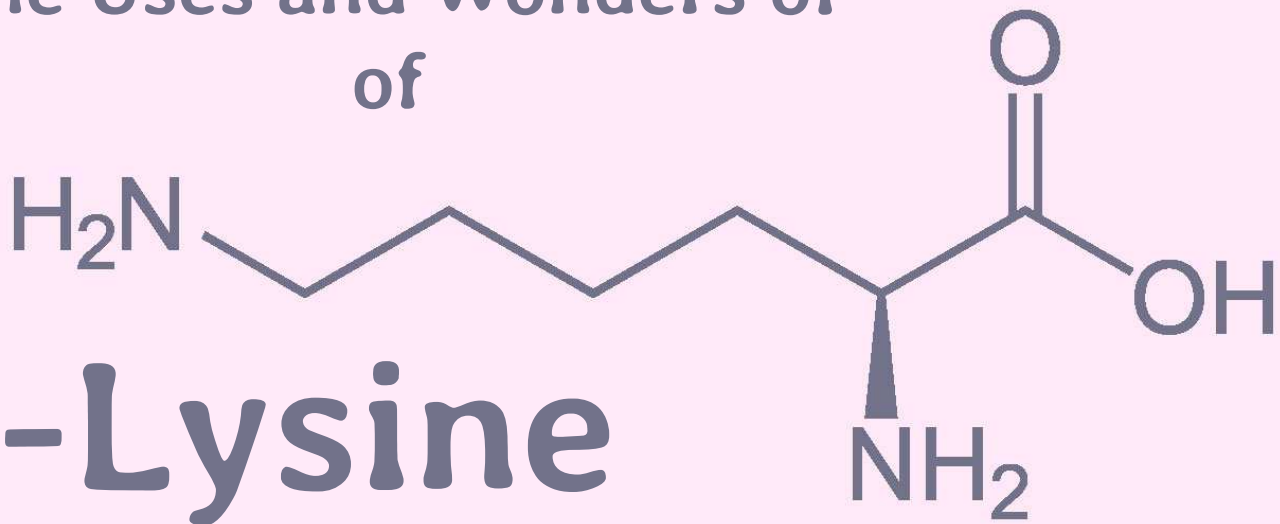


# The Uses and Wonders of of



# L-Lysine

## Outbreaks

L-Lysine has been the subject of many studies regarding skin outbreaks, and time and time again results have shown that it not only helps with the growth of outbreaks, but number of occurrences as well.

## Colonic Health

Animal tests have shown worsening of stress-induced anxiety and colonic health in rats with lysine deficient diets.

## Blood Pressure

According to a study done by Linus Pauling for the management of heart diseases, the extra amount of lysine in the blood helped create a “Teflon-like” coating around the lipoprotein particles, which prevents the lipoprotein from binding to the arterial walls.

## Stress

A study involving members of poor Syrian communities showed that the plasma cortisol response to the blood drawing as a cause of stress was reduced in females, as was sympathetic arousal in males as measured by skin conductance when Lysine fortified wheat was introduced as a staple food.

got stress?  
we've got the solution.®

  
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