

HOW STRESS AFFECTS: YOUR IMMUNE SYSTEM

IMMUNE FUNCTION

Chronic stress can change the make-up of your entire immune system, altering its function altogether.

IMMUNE DEFENSES

Chronic stress shifts many resources to favor the flight or flight response, leaving your immune defenses weakened.

RECOVERY TIME

During chronic stress, the immune system lacks the resources to fight off infection, much less recover from an existing one.



ILLNESS RISK

Since chronic stress weakens your immune defenses, your risk of catching an illness increases.

INFECTIONS

Stress disrupts the body's equilibrium, which significantly impairs its ability to control and eradicate bacterial infections.

got stress?
we've got the solution.®

Doctor Wilson's
Original Formulations